



Homecoming Week 2010!



By Jennifer Nolan, Student Council Advisor

This year's Homecoming Week activities went off without a hitch. The afternoon pep rally was a lot of fun for all. The activities/contests included: the egg smash, pie eating, PB&J sandwich making/eating and the frozen T-shirt competition. The kids really enjoyed a little friendly competition. This year's bonfire was moved to Friday due to rain, but Mother Nature finally gave in, and we had a nice get together after the girls' home game. Spirit week was also great and a lot of kids participated. The hall decorating was excellent and the seniors pulled out another win, defending their title from last year. The turnout for the dance was great and I appreciated the good behavior displayed by the students. This year's Homecoming Court (**shown at lower left**) included: Freshmen Attendants Devon Green and Morgan Childs, Sophomore Attendants Kyle Robbins and Ashlyn Comstock, Junior Attendants Jessi Seamans and Tyler Greenman, and finally Elizabeth Bridge and Josh Bierman were crowned King and Queen. Congratulations to all of you!

I would like to thank ALL the Student Council members for helping pull this together. A special thanks to Danielle Learn, who helped me remember every little thing! Morgan Childs was a great help decorating AND cleaning up after the dance. Kyle Robbins and Dylan Walsh were a tremendous help for the Bonfire. Thanks, guys! I would also like to recognize Kim Walsh, Cindy Colley, Leslie Buckley and Matt Hopkins who attended the dance as chaperones. Can't wait for next year!

Scio Drama Club to Present *Deadly Ernest* on November 12 & 13.

Poor Henry! Absolutely nothing is going right for him. His girlfriend has dumped him, his boss has fired him, and his landlady



has given him the boot. And now there seems to be someone named Ernest out to “do him in,” but Henry doesn’t know who Ernest is. Could his doctor really be Ernest? What about his cousin’s boyfriend? What about the crazy old lady Ernestine who lives in his boarding house? Will Henry make it to the end of Act 3 alive? Come and watch the play to find out!

The Scio Drama Club will present the comedy *Deadly Ernest* by Donald Payton Friday, November 12, and Saturday, November 13, at 7:30 p.m. in the school auditorium. Tickets will be available at the door for the low cost of \$4 for adults and \$3 for students and senior citizens. Come and see Chris Moyer in the role of Henry, along with Brianna Blouvet, Kristina Chalker, Amanda



Carroll, Darian Black, Jessica Ceglia, Gen Bender, Richard Mitchell, Vincent Sciotti, Zach Crawford, Kenneth Finnemore, and a few surprise guest performers take the stage. We promise you will eventually find out who Ernest really is and enjoy some great laughs along the way!



Reading is SUPER!

Interim SUPERINTENDENT Dave Hanks recently spent time reading to Mrs. LaJoie’s second grade class. Thank you, Mr. Hanks, for this wonderful experience!



Christmas 2010

2nd Annual Veterans Day Dinner on Nov. 10

Scio Central School is proud to host the Second Annual Veterans Day Dinner, to honor those local heroes who have served/are serving our great nation. All veterans and current servicemen, who live in the Scio School District, along with their families are invited. Veterans eat free and a donation is asked of their guests. This event will take place on the evening of Wednesday, November 10, at the high school cafeteria. The registration/social hour will start at 5 p.m., and dinner served at 5:30 p.m. This year, for the first time, members of the senior class,

who have committed to the armed services, are also welcome to attend. Please call the school with any questions and to register.



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Celebrating Fire Safety Week!

This year, the week of October 3-9 marked National Fire Safety Week across the country. Each year at Scio Central School, in conjunction with the Scio Fire Department, we seize this opportunity to teach our elementary students about fire safety and fire prevention ideas to use both in the home and at school.

With our Pre-K through first grade students, we emphasize what to do if there is a fire in your home or if your clothes catch on fire with the "Stay Low and Crawl" and "Stop, Drop, and Roll" programs. We also go over what to do if you can't get out of your bedroom when the door is hot. Lastly, we work with the "magic number 911" and what the youngsters need to be able to tell the person on the other end of the line.

All of our students through the grade 6 review this vital information because you cannot do it enough.

Our grades 2-4 students work at different levels learning the properties of smoke and how it is just as dangerous for you as fire, culminating with the third and fourth grades working their way through a maze set up in a room with artificial smoke (see **photo at right**) with close supervision from firemen. This smoke is harmless and completely nontoxic. It's often used at concerts and for special effects, but the firemen also use it for training exercises.

We started new programs for grades 5 and 6 with some surprising results. The fifth grade did a fire drill on a school bus using



the smoke machine. This also required the firemen to be on the bus with the students. Most students go through several regular fire drills on the school bus every year, and we find they often just go through the motions after so many, so we decided to show them

why it is so important. Shocking even the firemen, we found that it took only seven seconds to completely fill it with smoke to a point where they had to "feel" their way out. Buses are often completely engulfed in fire in less than 90 seconds, but the smoke usually gets passengers before the fire ever does. These students saw why we emphasize getting off the bus as quickly as possible.

The sixth grade was put through an evacuation drill using another route instead of the hallway. The firemen set up at a first story window and discussed the many reasons (besides fire) that students may have to be evacuated out a window. We then proceeded with the evacuation (see **top left photo**). This too made for some very good discussion on other dangers in our school.

We thank the teachers and staff for their support in these very important programs as well as the parents that work with their children afterwards year round to keep safety important in their homes.



Principal's Corner

By Matt Hopkins, Principal

This month's article will focus on our test scores from last spring. For those parents of students in grades 3-8 you already understand the changes made by our State Education Department to the manner in which New York State Exams were converted from a raw score to the 1-4 scale. That information was explained in my recent letter sent home with parent 3-8 testing reports.

Our State Education Department adjusted the cut score after the students took the exam and teachers scored it. The cut score is the raw score needed to achieve a level 3. A level 3 score is one that meets the state standard. A level 4 score is one that exceeds the state standard. A level 2 score partially meets the state standard; while a level 1 score does not meet the state standard. In the past, a raw score of 650 equated to a level 3. Starting last April, that cut score was significantly raised. **Our percent passing is shown in the top chart.** Students pass when they obtain a level 3 or 4 score.

Raising standards and increasing expectations for student achievement is always a step in the right direction. However, most will agree the way in which this change was introduced to schools, students, and parents could have been much better. The information you see in these charts was presented at a Board of Education meeting, to the staff before the start of school, and again to all students in grades 7-12. If you have any questions, please feel free to contact me.

The bottom table represents the percentage pass and the percentage mastery

Percentage Passing

| | | | | |
|-----------------|------------|-----------|-----------|-----------|
| Grade 3 ELA | 59 | 70 | 59 | 54 |
| Grade 3 Math | 63 | 100 | 100 | 70 |
| Grade 4 ELA | 47 | 77 | 87 | 47 |
| Grade 4 Math | 68 | 94 | 90 | 69 |
| Grade 5 ELA | 47 | 97 | 62 | 76 |
| Grade 5 Math | 84 | 97 | 86 | 90 |
| Grade 6 ELA | 66 | 72 | 57 | 76 |
| Grade 6 Math | 90 | 93 | 81 | 88 |
| Grade 7 ELA | 32 | 88 | 73 | 37 |
| Grade 7 Math | 45 | 97 | 84 | 39 |
| Grade 8 ELA | 52 | 74 | 43 | 53 |
| Grade 8 Math | 39 | 89 | 69 | 34 |
| Grade 4 Science | 95 | 100 | 97 | 97 |
| Grade 8 Science | 84 | 73 | 82 | 75 |
| Grade 5 History | 93 | 93 | 96 | 97 |
| Grade 8 History | 94 | 78 | 78 | 80 |
| | 2009-2010* | 2008-2009 | 2007-2008 | 2006-2007 |

*2009-2010 (first column) uses higher cut score for passing.

HS Regents Exam Percentage for Passing & Mastery

| Exam | # Written | Pass (includes local) | Catt-Allegany Average | Percent Mastery | Review Attendance |
|-----------------------|-----------|-----------------------|-----------------------|-----------------|-------------------|
| 11th Grade ELA | 27 | 89% | 87% | 41% | 41% |
| 11th Grade US History | 26 | 88% | 92% | 46% | 24% |
| Chemistry | 11 | 91% | 77% | 9% | 33% |
| Algebra II/Trig | 8 | 63% | 63% | 0 | 73% |
| 10th Grade Global | 24 | 83% | 78% | 25% | 40% |
| Geometry | 20 | 80% | 82% | 5% | 47% |
| Living Environment | 52 | 96% | 92% | 27% | 36% |
| Earth Science | 4 | 75% | 82% | 25% | N/A |
| Algebra | 34 | 85% | 86% | 21% | 61% |
| Math B | 2 | 100% | 77% | 100% | N/A |
| Physics | 1 | 100% | 85% | 100% | 100% |
| Spanish Proficiency | 31 | 90% | N/A | 61% | N/A |

(85%+) for the HS Regents Exams. The fourth column shows the average pass rate in Cattaraugus and Allegany Counties (the C-A BOCES Region). The final column represents the percentage of students who participated in our Regents Review sessions during May and June of last year.



EARLY DISMISSAL
(2:25 p.m.) on **Tues., Nov. 9, Wed., Nov. 17, & and Wed., Dec. 8**

Parents, please be sure to make any necessary arrangements to make your child's afternoon a smooth one.

Collecting Food for Thanksgiving . . .

The Student Council will be sponsoring a food drive this year for the Thanksgiving holiday. The drive will run November 1-19. There will be two separate contests for a pizza party: one for the high School and one for the elementary. Students will compete by home-room. Good luck, everyone!



A Reminder About "Bullying"

Article supplied by the SCS Instructional Support Team

The Scio Central School Instructional Support Team (IST) held its first meeting on September 29. The team, comprised of administrators, faculty, support staff, community members, and BOE members, discussed ways to help students deal with bullying and harassment. It is an issue that reaches well beyond our small community. Unfortunately, bullying and the social and emotional fallout it brings, can greatly impact a student's academic success. New York State recently passed legislation concerning bullying. More information will become available as details are released. In the next several paragraphs, you may read language concerning bullying in our school from our student code of conduct.

Scio Central School would like to remind its students, parents, staff, and community members that bullying and harassment of any kind will not be tolerated. The school's policy states "all members of the school community have the right to work,

learn, or visit in an environment that is free from all forms of discrimination." The school and its employees remain dedicated to upholding this policy. Consequences for instances of bullying and harassment are spelled out in the student code of conduct and reviewed in this article.

If you or your student is unsure as to what constitutes bullying/harassment, the school's policy defines "bullying" among children, in general, as "a variety of negative acts carried out repeatedly **over time**. It involves a real or perceived imbalance in power, with a more powerful child or group attacking those who are less powerful."

According to the policy, bullying can take three forms; b and c could also be electronic or "cyber" in nature:

a) Physical (including, but not limited to: hitting, kicking, spitting, pushing, taking personal belongings)

b) Verbal (including, but not limited to: taunting, malicious teasing, name calling, making threats)

c) Psychological (including, but not limited to: spreading rumors; manipulating social relationships; or engaging in social exclusion, extortion, or intimidation)

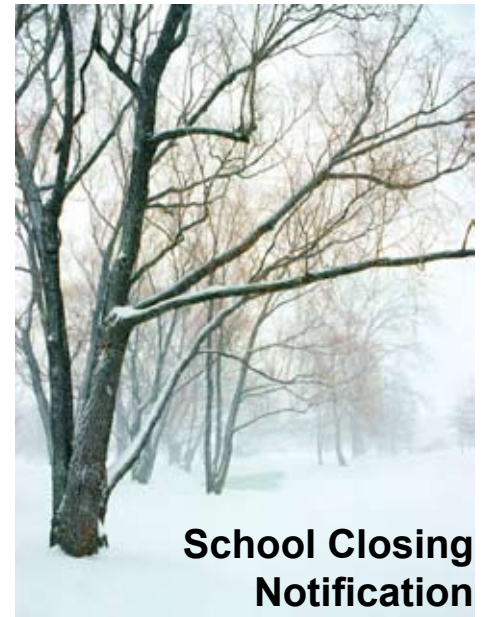
If you or your student believes that you have been subjected to any form of bullying/harassment, it should be reported to an adult, in the building, through a formal or informal meeting.

Again, we want our students to see school as a safe place to learn and grow. Minimizing bullying and harassment can be accomplished with a collaborative effort between the school and community. If community members would like to offer support in the school's effort to address the problem, please contact the main office at 593-5510.

FBLA Names New Leaders



The leaders of the local chapter of the Future Business Leaders of America (FBLA) are pictured left to right: Ruby Wisniewski (treasurer), Kristina Chalker (co-president), Alyssa Dean (co-president), Jen Roeske (vice president), and Vince Sciotti (secretary).



School Closing Notification

In the event we need to close school, delay opening or dismiss early, the following radio/TV stations will be notified:

WLSV - 790 AM
WJQZ - 103.5 FM
WZKZ - 101.9 FM
WBEN - 930 AM
WPIG - 95.7 FM
WKPQ - 105.3 FM
WHDL - 1450 AM
WKBW - Channel 7
WIVB - Channel 4
WGRZ - Channel 2
Drive Safely!



SCS Introduces **NEW Parent Portal Access Via Internet**

We have implemented an improved version of the Parent Portal within our student management system. Using the Internet, this portal will allow parents to see their son/daughter's grades, attendance, lunch balances, and other items. Parents will soon have the option to view their child's report cards and progress reports right in the portal and can choose to no longer receive paper reports. Instructions for gaining access to the portal are listed below. We have tried to make the portal as user friendly as possible. If you, as a parent, have any suggestions related to the portal, please contact the Student Services Department at 585-593-5510, ext. 1140.

Request a username and password from the Student Services Department for EACH child in grades 5-12 in your household (each student will have their own account). Once you have received the letter with the above information, please follow the instructions given. When you have successfully logged into the portal, you will see boxes indicating grades, attendance history, teacher comments, lunch balance, demographic information and an update screen (for address changes). You can also email teachers with questions and concerns through this portal. We ask that you log on and view the site to get acclimated to it. Once you have, if there are any suggestions you would like to make, again, please do not hesitate in contacting us. Thank you!



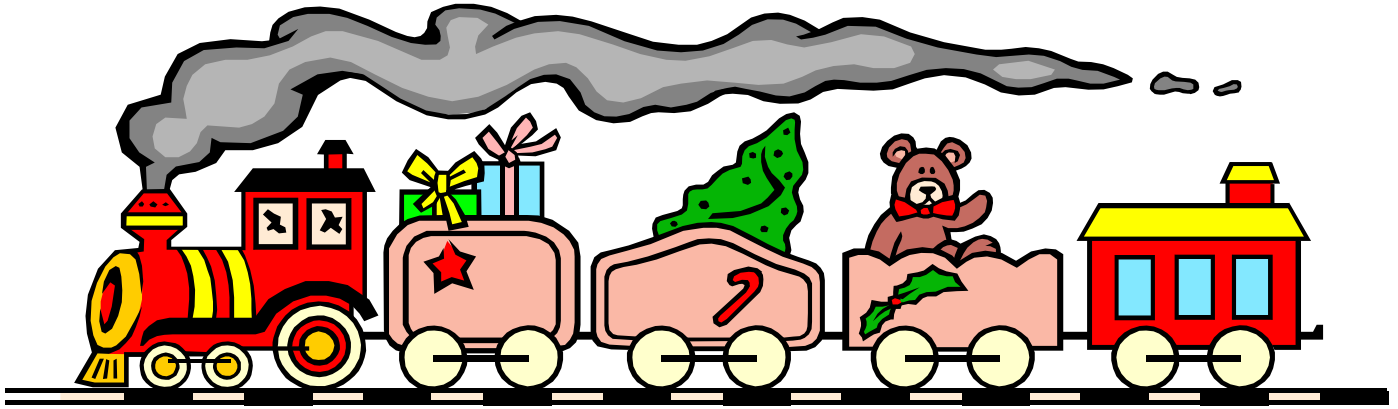
8th Graders Experience Sights & Sounds of Civil War



On Friday, September 17, the entire Scio eighth grade took part in the second annual county-wide Angelica Civil War Education Day. This event is a precursor to the Civil War Weekend, which takes place in Angelica and features many of the same exhibits, activities, and personalities who participate in the weekend's happenings. Our students were able to take part in over a dozen discussions, demonstrations, and displays. Some favorites included: Civil War weaponry (see photo at left), fife and drum corps, a talk with President Lincoln, and Civil War medical care. Our students enjoyed the presentation and learned much. They were also commended by the event's organizers for their attentiveness and respect.

Can't wait for next year!

22ND ANNUAL SCIO & ALLENTOWN SPIRIT OF CHRISTMAS TOYS FOR TOTS



Help Every Child Have A Brighter Christmas!

The Future Business Leaders of America (FBLA) Club needs YOUR HELP! Recessions are tough and even tougher at the holidays and our goal is for every child in Scio & Allentown to share a bright Christmas. Twenty-one years ago, only 13 kids were on the list submitted by teachers—last year there were 93 on the list.

We are asking for your generosity this holiday season as the spirit of the season is, and always has been, giving! There will be a box for donations inside the school's main entrance and others around the community. Besides unwrapped toys, monetary donations made out to the Scio FBLA are a real blessing. We try to get each child a toy worth an exclamation of wonder and joy.

This year if you would like to **SPONSOR A CHILD** please return the form at the bottom to the Main Office and we will match you to a student and give you ideas of what that specific child may need or want. You can buy the gifts and we will see them delivered or you can send a check and we will buy the gifts.

Call 585-593-5510 Stacy Alsworth Ext. 1161 Co-Chair of Event.

"Speaking personally, each Christmas morning my thoughts drift to the child I sponsored and it fills me with good feelings and a sense of peace." Dan Childs, FBLA Advisor

- - - Please return bottom to Scio FBLA, 3968 Washington Street, Scio, NY 14880. Checks to Scio FBLA - - - - -

Name: _____

Phone: _____


I would like to sponsor a (circle one): boy girl
Age: doesn't matter 0-3 4-6 7-9 10-12 13-15



November 2010

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| | 1 | 2 -Alfred State Rep. visit at 11:30 a.m. in the Student Services Office | 3 - Board of Education Meeting @ 6:00 p.m. in the Elementary Library | 4 | 5 -Ten week marking period ends - Junior High Band/Choir Area All State | 6 - Junior High Band/Choir Area All State |
| 7 | 8 | 9 - EARLY DISMISSAL DAY | 10 -Veteran's Day Dinner November 10 at 5:30 p.m.– Registration at 5:00 p.m. | 11 - BUILDING CLOSED FOR VETERAN'S DAY - SUNY Plattsburgh College Open House | 12 - School Play "Deadly Ernest" at 7:30 p.m in the auditorium - SUNY Plattsburgh College Open House | 13 - School Play "Deadly Ernest" at 7:30 p.m in the auditorium -University of Pittsburg @ Bradford Open House |
| 14 -St. Thomas Aquinas College Open House | 15 | 16 -Mansfield University Rep. visit @ 9:00 a.m. -SUNY Cortland Rep. visit 11:00 a.m. - both in the Student Services Office | 17 - EARLY DISMISSAL DAY - Board of Education Meeting @ 6:00 p.m. in the Elementary Library | 18 | 19 - Senior High Band/Choir Area All State | 20 - Senior High Band/Choir Area All State -SUNY Plattsburgh College Open House |
| 21 | 22 - Parent Teacher Conference Day Grades PreK-12 - NO STUDENTS | 23 - Professional Development Day - NO STUDENTS | 24 - NO STUDENTS | 25 - HAPPY THANKSGIVING! - NO STUDENTS | 26 - BUILDING CLOSED FOR HOLIDAY! | 27 |
| 28 | 29 - STUDENTS AND STAFF RETURN | 30 | | | | |
| -Financial Aid Night will be in December or early January. Please contact the student services office for details. | -Student Council Food Drive November 1-19, 2010 | -Grades 6-12 Band/Choir Cookie Dough Sale..November 8 through the 19th. | -The Weight Room is open on Monday, Wednesday, and Thursday's from 5:00-7:00 p.m. | **Athletic Events see "view-myschedule.com" | **College visits are posted on board outside of Student Services | **All doors, other than the front entrance, will be locked during the school day. |

December 2010

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------|-----------------------------------------------------------------------------------|
|  1 | | | 1 - Board of Education Meeting @ 6:00 p.m. in the Elementary Library | 2 | 3 | 4 |
|  5 | 6 | 7 | 8 - EARLY DISMISSAL DAY | 9 - Fall Picture Retakes | 10 | 11 |
|  12 | 13 | 14 - 5-12 Grade Band/Choir Winter Concert @ 6:30 p.m. in the Auditorium | 15 - Board of Education Meeting @ 6:00 p.m. in the Elementary Library | 16 - K-4 Grade Band/Choir Winter Concert @ 6:30 p.m. in the Auditorium | 17 | 18 |
|  19 | 20 | 21 | 22 - Junior/Senior High Band/Choir Nursing Home Tour | 23 - HOLIDAY RECESS - NO STUDENTS | 24 - BUILDING CLOSED FOR CHRISTMAS EVE | 25 - MERRY CHRISTMAS |
|  26 | 27 - HOLIDAY RECESS - NO STUDENTS | 28 - HOLIDAY RECESS - NO STUDENTS | 29 - HOLIDAY RECESS - NO STUDENTS | 30 - HOLIDAY RECESS - NO STUDENTS | 31 - BUILDING CLOSED FOR NEW YEAR'S EVE | - HAPPY NEW YEAR 2011 |
|  31 -Financial Aid Night will be in December or early January. Please contact the student services office for details. | -STUDENTS RETURN ON JAN. 3, 2011 | -FBLA Toys for Tots Collection... December 1 through the 21st. | -The Weight Room is open on Monday, Wednesday, and Thursday's from 5:00-7:00 p.m. | **Athletic Events see "view-mychedule.com" | **College visits are posted on board outside of Student Services | **All doors, other than the front entrance, will be locked during the school day. |

INACTIVATED INFLUENZA VACCINE

WHAT YOU NEED TO KNOW 2010-11

Many Vaccine Information Statements are available in Spanish and other languages. See <http://www.immunize.org/vis>
Hojas de Información Sobre Vacunas están disponibles en Español y en muchos otros idiomas. Visite <http://www.immunize.org/vis>

1 Why get vaccinated?

Influenza (“flu”) is a contagious disease.

It is caused by the influenza virus, which can be spread by coughing, sneezing, or nasal secretions.

Anyone can get influenza, but rates of infection are highest among children. For most people, symptoms last only a few days. They include:

- fever
- sore throat
- chills
- fatigue
- cough
- headache
- muscle aches

Other illnesses can have the same symptoms and are often mistaken for influenza.

Infants, the elderly, pregnant women, and people with certain health conditions – such as heart, lung or kidney disease or a weakened immune system – can get much sicker. Flu can cause high fever and pneumonia, and make existing medical conditions worse. It can cause diarrhea and seizures in children. Each year thousands of people die from seasonal influenza and even more require hospitalization.

By getting vaccinated you can protect yourself from influenza and may also avoid spreading influenza to others.

2 Inactivated influenza vaccine

There are two types of influenza vaccine:

1. **Inactivated** (killed) vaccine, or the “flu shot” is given by injection into the muscle.
2. **Live, attenuated** (weakened) influenza vaccine is sprayed into the nostrils. *This vaccine is described in a separate Vaccine Information Statement.*

A “high-dose” inactivated influenza vaccine is available for people 65 years of age and older. Ask your healthcare provider for more information.

Influenza viruses are always changing, so annual vaccination is recommended. Each year scientists try to match the viruses in the vaccine to those most likely to cause flu that year.

The 2010-2011 vaccine provides protection against A/H1N1 (pandemic) influenza and two other influenza viruses – influenza A/H3N2 and influenza B. It will not prevent illness caused by other viruses.

It takes up to 2 weeks for protection to develop after the shot. Protection lasts about a year.

Some inactivated influenza vaccine contains a preservative called thimerosal. Thimerosal-free influenza vaccine is available. Ask your healthcare provider for more information.

3 Who should get inactivated influenza vaccine and when?

WHO

All people **6 months of age and older** should get flu vaccine.

Vaccination is especially important for people at higher risk of severe influenza and their close contacts, including healthcare personnel and close contacts of children younger than 6 months.

People who got the 2009 H1N1 (pandemic) influenza vaccine, or had pandemic flu in 2009, should still get the 2010-2011 seasonal influenza vaccine.

WHEN

Getting the vaccine as soon as it is available will provide protection if the flu season comes early. You can get the vaccine as long as illness is occurring in your community.

Influenza can occur at any time, but most influenza occurs from November through May. In recent seasons, most infections have occurred in January and February. Getting vaccinated in December, or even later, will still be beneficial in most years.

Adults and older children need one dose of influenza vaccine each year. But some children younger than 9 years of age need two doses to be protected. Ask your healthcare provider.

Influenza vaccine may be given at the same time as other vaccines, including pneumococcal vaccine.

4 Some people should not get inactivated influenza vaccine or should wait

- Tell your healthcare provider if you have any **severe** (life-threatening) allergies. Allergic reactions to influenza vaccine are rare.



- Influenza vaccine virus is grown in eggs. People with a **severe egg allergy** should not get influenza vaccine.
- A severe allergy to any vaccine component is also a reason not to get the vaccine.
- If you ever had a severe reaction after a dose of influenza vaccine, tell your healthcare provider.

- Tell your healthcare provider if you ever had Guillain-Barré Syndrome (a severe paralytic illness, also called GBS). Your provider will help you decide whether the vaccine is recommended for you.
- People who are moderately or severely ill should usually wait until they recover before getting flu vaccine. If you are ill, talk to your healthcare provider about whether to reschedule the vaccination. People with a mild illness can usually get the vaccine.

5 What are the risks from inactivated influenza vaccine?

A vaccine, like any medicine, could possibly cause serious problems, such as severe allergic reactions. The risk of a vaccine causing serious harm, or death, is extremely small.

Serious problems from inactivated influenza vaccine are very rare. The viruses in inactivated influenza vaccine have been killed, so you cannot get influenza from the vaccine.

Mild problems:

- soreness, redness, or swelling where the shot was given
- hoarseness; sore, red or itchy eyes; cough
- fever • aches

If these problems occur, they usually begin soon after the shot and last 1-2 days.

Severe problems:

- Life-threatening allergic reactions from vaccines are very rare. If they do occur, it is usually within a few minutes to a few hours after the shot.
- In 1976, a type of inactivated influenza (swine flu) vaccine was associated with Guillain-Barré Syndrome (GBS). Since then, flu vaccines have not been clearly linked to GBS. However, if there is a risk of GBS from current flu vaccines, it would be no more than 1 or 2 cases per million people vaccinated. This is much lower than the risk of severe influenza, which can be prevented by vaccination.

One brand of inactivated flu vaccine, called Afluria, **should not be given** to children 8 years of age or younger, except in special circumstances. A related vaccine was associated with fevers and fever-related seizures in young children in Australia. Ask your healthcare provider for more information.

The safety of vaccines is always being monitored. For more information, visit:

http://www.cdc.gov/vaccinesafety/Vaccine_Monitoring/Index.html and

http://www.cdc.gov/vaccinesafety/Activities/Activities_Index.html

6 What if there is a severe reaction?

What should I look for?

Any unusual condition, such as a high fever or behavior changes. Signs of a severe allergic reaction can include difficulty breathing, hoarseness or wheezing, hives, paleness, weakness, a fast heart beat or dizziness.

What should I do?

- **Call** a doctor, or get the person to a doctor right away.
- **Tell** the doctor what happened, the date and time it happened, and when the vaccination was given.
- **Ask** your healthcare provider to report the reaction by filing a Vaccine Adverse Event Reporting System (VAERS) form. Or you can file this report through the VAERS website at <http://www.vaers.hhs.gov>, or by calling 1-800-822-7967.

VAERS does not provide medical advice.

7 The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation Program (VICP) was created in 1986.

People who believe they may have been injured by a vaccine can learn about the program and about filing a claim by calling 1-800-338-2382, or visiting the VICP website at <http://www.hrsa.gov/vaccinecompensation>.

8 How can I learn more?

- Ask your healthcare provider. They can give you the vaccine package insert or suggest other sources of information.
- Call your local or state health department.
- Contact the Centers for Disease Control and Prevention (CDC):
 - Call 1-800-232-4636 (1-800-CDC-INFO) or
 - Visit CDC's website at <http://www.cdc.gov/flu>



DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION



Vaccine Information Statement (Interim)
Inactivated Influenza Vaccine (8/10/10) 42 U.S.C. §300aa-26



Everyday Preventive Actions That Can Help Fight Germs, Like Flu



CDC recommends a three-step approach to fighting the flu.

CDC recommends a three-step approach to fighting influenza (flu). The first and most important step is to get a flu vaccination each year. But if you get the flu, there are prescription antiviral drugs that can treat your illness. Early treatment is especially important for the elderly, the very young, people with certain chronic health conditions, and pregnant women. Finally, everyday preventive actions may slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu. This flyer contains information about everyday preventive actions.

How does the flu spread?

Flu viruses are thought to spread mainly from person to person through the coughing, sneezing, or talking of someone with the flu. Flu viruses also may spread when people touch something with flu virus on it and then touch their mouth, eyes, or nose. Many other viruses spread these ways too.

People infected with flu may be able to infect others beginning 1 day **before** symptoms develop and up to 5-7 days **after** becoming sick. That means you may be able to spread the flu to someone else before you know you are sick as well as while you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than 5-7 days.



What are everyday preventive actions?

Everyday preventive actions are steps that people can take to help slow the spread of germs that cause respiratory illness, like flu. These include the following personal and community actions:

- Cover your nose and mouth with a tissue when you cough or sneeze. This will block the spread of droplets from your mouth or nose that could contain germs.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose, and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you or your child gets sick with a respiratory illness, like flu, limit contact with others as much as possible to help prevent spreading illness. Stay home (or keep your child home) for at least 24 hours after fever is gone except to seek medical care or for other necessities. Fever should be gone without the use of a fever-reducing medicine.
- If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and other measures.



What additional steps can I take at work to help stop the spread of germs that can cause respiratory illness, like flu?

- Find out about your employer's plans if an outbreak of flu or another illness occurs and whether flu vaccinations are offered on-site.
- Routinely clean frequently touched objects and surfaces, including doorknobs, keyboards, and phones, to help remove germs.
- Make sure your workplace has an adequate supply of tissues, soap, paper towels, alcohol-based hand rubs, and disposable wipes.
- Train others on how to do your job so they can cover for you in case you or a family member gets sick and you have to stay home.
- If you begin to feel sick while at work, go home as soon as possible.



What additional preventive actions can I take to protect my child from germs that can cause respiratory illness, like flu?

- Find out about plans your child's school, child care program, or college has if an outbreak of flu or another illness occurs and whether flu vaccinations are offered on-site.
- Make sure your child's school, child care program, or college routinely cleans frequently touched objects and surfaces, and that they have a good supply of tissues, soap, paper towels, alcohol-based hand rubs, and disposable wipes on-site.
- Ask how sick students and staff are separated from others and who will care for them until they can go home.



Everyday preventive actions can help slow the spread of germs that can cause many different illnesses and may offer some protection against the flu.

For more information, visit www.cdc.gov , or www.flu.gov, or call 1-800-CDC-INFO.



What's Happening at After School?

The 21st Century After School Program at Scio Central has kicked off the year with a great start! After School activities began with several fun clubs, such as Pirateology, Mosaics, and Stop Action Animation. The Mosaics club was nicely topped off with a visit from the Wellsville Creative Arts Center's Marsha VanVlack, who facilitated an interactive stepping-stone project with the students. The month of October has brought new clubs such as Egyptology, Myths and Legends, Architecture, and Mystery, Inc.

Our September field trip to Alfred University was *Science on Wheels*. Students participated in activities such as making slime and experimenting with liquid nitrogen!

They sampled liquid nitrogen fondue, frozen marshmallows and ice cream. *Murder She Wrote* provided an opportunity to learn crime scene investigation techniques, putting their new skills to the test by analyzing a crime scene, which included a bloody hammer in a trash bag! One lucky investigation team will be invited back to Alfred University to attend a Murder Mystery dinner presented by Alfred University students and staff on Thursday, October 28.

For more enrollment information or to request a calendar of upcoming events, please contact Steve Michalak in room 215 or call (716) 378-1384.

AT TOP RIGHT - Macey Hint uses a digital camera to process a crime scene.

BELOW - After School Program participants sampled liquid nitrogen fondue, frozen marshmallows and ice cream.



SCIO CENTRAL SCHOOL
"Experience Life Through Education"



SCHOOL WILL BE CLOSED FOR STUDENTS . . .

Thursday, November 11 for Veterans Day,
November 22-26 for Holiday Recess &
December 23 thru January 2 for Holiday Recess

PARENT-TEACHER CONFERENCES WILL BE HELD . . .

Monday, November 22

Yearbooks On Sale Now!

All yearbooks must be preordered this year! The cost is \$55 which includes tax. Money and orders are due by December 1 to Cindy Winchell or Sue Preston. Please make check payable to: *Scio Central School Yearbook*.



Cancer Services Program of Allegany & Cattaraugus Counties

No Health Insurance? **FREE Cancer Screenings Available** **from Local Providers**

Free Cancer Screening Services are available to people who do not have health insurance coverage for them.

Free Mammograms, Clinical Breast Exams and Pap Tests

Who is eligible?

- Women age 40 and older

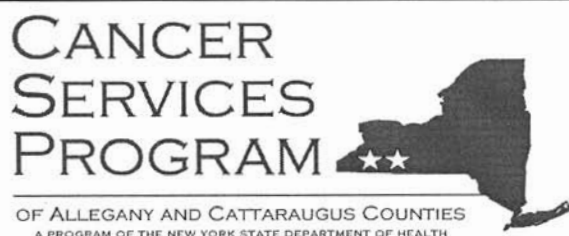
Free Colorectal Cancer Tests

Who is eligible?

- Men and Women age 50 and older

To apply or for more information call:
585-593-4839 or 1-800-797-0581

(Some eligibility requirements may apply)



Scio Central School
Washington Street
Scio, NY 14880

NON PROFIT
ORGANIZATION

U.S. POSTAGE PAID
Permit No. 3

Scio, NY 14880

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Class of 2011 Kicks Off Senior Year at Letchworth!



The Senior Class spent a beautiful warm fall day at Letchworth State Park to kick off their last year of high school. The class took a nature walk along the gorge near the Middle Falls, stopping frequently for pictures. They also had a picnic, played ultimate Frisbee, football, soccer, enjoyed the playground and just hung out. An attempt was also made to use the water balloon launchers, but it soon turned into a water balloon fight. By day's end, only a few escaped with dry clothes, as new memories and friendships were created. It was a terrific start to their senior year. Thank you to the chaperones: Mrs. Cindy Winchell (head chef), Mrs. Karen Insley, Mr. Matt Hopkins, Mr. Jon Winchell, and Mr. Dennis Whittaker.

