



Halloween Fun!



A pair of dinosaurs named John and Nathan were seen walking the hallways at Scio Central School before Halloween. Remarkably, nobody was hurt.



Randi came as a popular theater treat.



Mackenzie and Megan were a beautiful pair of angels.



Trystyn came as a silo.

More Halloween photos on pages 9 & 19.

SCIO CENTRAL SCHOOL
"Experience Life Through Education"

Updates from the Board of Education

Dear Community Residents:

It is hard to believe that we have passed the first marking period and heading toward the holiday season of another school year. Your staff, administration and Board of Education have been very busy this past ten weeks. It has also been a difficult time period as we have all been faced with dealing with the H1N1 and seasonal flu. There have been several new staff members this year due to retirements and resignations. We offer them all a warm welcome.

The “hottest” topic during the months of September/October/November has been the “Merger Feasibility Study Committee and their meetings. They are volunteers who requested to serve on a committee representing the school district community with a charge to see if a merger between the Scio Central and Wellsville Central School Districts would benefit both districts in affording more educational opportunities to all students, create a more efficient, effective and affordable school district, and allow both districts to keep their current buildings open to continue serving the communities.

The committee consisted of students, parents, teachers, support staff and community members from both districts for a total of approximately 24-30 members. Following their first meeting they were divided in subcommittees: Curricular & Extracurricular Programs; Governance, Personnel, Administration and Staffing; Facilities and Finance; and Support Services and Community Connections.

This committee met several times from 6-9 p.m. alternating in the Scio and Wellsville buildings. They took facilities tours and worked hard on their individual areas. On November 3, the committee presented their final reports, which are now being compiled and readied by the consultant firm, "Rural Schools," which must have the final report completed and to the State Education Department by November 17, 2009.

You may view the minutes of the meetings on the Scio School Website. I invite you to go in and look over the work they have done. The committee also voted in favor of recommending to the Board of Education's to proceed as they find there is sufficient data indicating that a merger between the two districts would be beneficial.

Mr. McArdle will keep you informed of upcoming dates, time-line and reports.

Other items the board has been involved in besides the monthly routine agenda items are:

- Board Goals for 2009-2010
- Summer School 2009 update
- Data information on state test results
- Presentations from various departments including
 - * Visual Arts Department
 - * Social Studies Department,
 - * Foreign Language Department
- Audit and Fund Balance Review
 - * External audit by an independent auditing firm
 - * Internal Audit by a BOCES employee

October was Transportation Recognition Month and November is Teacher Recognition Month. Please help us to thank these people for the important job they do, safely transporting and educating our children.

You are reminded that all school board meetings are open to the public; all are welcome to attend and I urge you to attend; listen to the presentations, committee reports and find out first-hand what is going on in your school district.

Respectfully,

Carole A. Wells
Board President – 2009-2010
Scio Central School District

SCHOOL WILL BE CLOSED . . .
December 22 thru January 1 for Holiday Recess
January 18 for Martin Luther King Jr. Day



Thank You, Board Members!

New York State School Board Recognition Week was celebrated October 19-23. Out of appreciation for our Board of Education, Mrs. Wight's first grade class made Banana Bread and cards to deliver to each member. It was a fun-filled activity allowing the students to really get involved in the process. As you can see AT RIGHT, a good time was had by all!

BELOW - Mrs. Winchell helps Riley Jennings do the mixing.



In the Military?

Do you know of a Scio Central School graduate who is currently serving in the armed forces? We would like to continue our tradition of honoring these graduates by listing their names alongside their picture on the Military Recognition Board near the superintendent's office. Please contact the superintendent's office with the following information:

Graduate's Name & Address

Photo (in uniform)

Branch of Service

Graduation Year

Thank you!

Dear Parents and Community:

It has been a successful start to the school year for our faculty, staff and students. September activities included: Senior Class Picnic at Letchworth State Park, Meet the Teacher Night for Grades K-8, Middle School Apple Picking in Castile for our fruit and vegetable grant, and the formation of a Feasibility Study Committee.

October events included: Feasibility Study Committee Meetings, Public Access to Weight Room, Homecoming Activities, Sectional Soccer Games, Pre-K Family Night, Scholastic Book Fair, Kids Walk & Fun Run, NHS Blood Drive in Honor of Garrette Carlin, Family Fun Night for Grades PreK-4, Countywide Professional Development Day, and a Halloween Parade and Dance.

November activities included: Completion of the Feasibility Study, Fitness Club for Grades 7-12, Student Council Food Drive, Middle School Community Service Day, Junior High Choir Area All State Festival, Chess Tournament, Veterans Day Recognition Dinner, School Play, Social Studies Testing for Grade 5, Toys for Tots Collection, First Quarter Report Card Distribution, Parent/Teacher Conferences, and Thanksgiving Recess.

We are currently preparing for our annual holiday concerts which are scheduled for December 15 and 17. This will be a time for our students to showcase their talents and provide family and friends with an opportunity to get into the holiday spirit. I hope you are able to attend our students' performances.

On behalf of the Scio Central School Board of Education, students and employees, we would like to thank you for your continued support and wish you a Very Happy Holiday Season.

Mike McArdle, Superintendent



Principal's Corner

By Matt Hopkins

When this edition reaches our parents and community, the Thanksgiving Holiday will be behind us, with Christmas and the New Year rapidly approaching. It is a time of the year when I like to pause to reflect on all that I have to be thankful for in my life. Hopefully, you have also taken the opportunity to do the same.

Last year at this time we were gearing up for the January ELA tests in grades 3-8. New York State has moved all 3-8 testing to the spring with the exception of the fifth grade Social Studies exam, given in November. Our students performed very well on their state assessments last year. Much of our student's success can be directly linked to their preparation, both in the classroom and at home.

As we move into a very important time in the academic year, I would like to encourage all of our students to remain focused on achievement. For students to reach their full potential, it takes a concerted effort between the school and home. Communication and information sharing is extremely important. If you have not asked about access to your son/daughter's grades via the Internet, please do so. I would also encourage parents/guardians to reach out to our teachers when you notice your son or daughter is having difficulty. We offer many student support mechanisms and the entire staff is very willing to provide extra help outside of the classroom.

I would like wish you all a safe and happy holiday season with your families and friends.

Introduction to Biotechnology

Written by Michael Walsh, Class of 2010

The first half of the school year, I am taking *Intro to Biotechnology* in the distance learning lab. Biotechnology is the use of biological functions and the principles of engineering and technology to solve problems. For this reason, I am highly interested in it.

This course is offered through Jamestown Community College and is (being) taught by Dr. J.M. Crisman. I am one



Some veteran members of the Scio Future Business Leaders of America Chapter at Scio Central School are shown ABOVE with New York State Senator Cathy Young (back, left) who spoke on various business topics at Genesee Valley Central School. Pictured left to right are: front - Stacie Chapman, Ruby Wisniewski, Alyssa Dean, Kristina Chalker, and Stephanie Fisk; back - Senator Cathy Young, Vincent Sciotti, Mr. Childs, and Zach Crawford. In her talk, Senator Young mentioned the importance of business education in schools, "Whatever career you pick, you apply business principals."

After School Program Enjoys Busy Start

The 21st Century After School Program had a busy start to the school year with many clubs, trips, and events! September brought the first ever Tiger Talent Show where 18 acts performed in front of family, friends, and community members. The program

also hosted a community-wide Halloween party highlighted with games, prizes, and a pie-eating contest! Students enrolled in the program were also privileged to participate in several field trips hosted by our partners, Alfred University and the Wellsville Creative Arts Center. Trips included cooking, pottery, Career Cluster Explosion, and Drawn to Diversity. We also look forward to Alfred University's second annual Chess O'Rama trip in December! December promises to be just as fun-filled with new clubs such as Paper Mache, Disaster Dissectors, Star Wars, Animal Behavior, Board Games, Laughing Yoga, Envirobot, and Hablo Español.

The 21st Century After School Program is FREE and all students in grades 5-8 are eligible to enroll! For questions, comments, or suggestions, please contact Sabrina Herman, Scio School District Liaison, at Sherman@accordcorp.org or (716) 378-1384.





Learning About the Civil War in Angelica



SCS eighth-graders got to experience what life was like for a soldier during the 1860s when they joined other eighth-graders from around Allegany County in Angelica for a day of Civil War learning and fun. The mid-September trip allowed the students to learn and listen about, as well as to see, various aspects of life in the Civil War era. We listened to the sounds of drums and musket fire; watched "Abraham Lincoln" speak about his final days; and even got to play some games that teenagers of the mid-19th century would've played. It was a fabulous trip and a very fun day!

AT LEFT - Kasey Williams is shown with "Honest Abe."



Several New Employees Join District



Mrs. Nichole Gambino (above) has worked in our school as a mentor, and she is now our new kindergarten teacher! She taught kindergarten and first grade in Maryland, before moving to New York. She went to Frostburg State University for her undergraduate degree, and she received her master's degree from Johns Hopkins University.

Mrs. Gambino has spent the last few years helping build their home in Belmont with her husband, Peter, and children, Sophia and Salvatore. Mrs. Gambino enjoys spending time with her family. She also enjoys running for fun and in competition. She has competed in marathons in Maryland and New York.

Candice McCarthy (below) has joined our staff as a teaching assistant at the elementary level. Candice comes to us with a bachelor's degree in elementary education from Sam Houston State University, as well



as many years of teaching experience; most of which were in grades 1-2 in Spring, TX. Candice has substituted in this area since returning to New York three years ago. Candice resides in Wellsville and enjoys reading, watching movies, and shopping! Welcome aboard, Candice!

Janice Rowley (above) is a new bus driver for SCS. She has 12 years of experience. Janice has three grown children, Justin, Joshua, and Jordan, as well as a granddaughter, Abby. Janice has also taken numerous adult education courses through the years and she has volunteered with various organizations including Hospice, Kindergarten Preparedness Program, and Special Needs events. In her spare time, Janice likes to design jewelry, garden, participate in archery and skeet as well as floral arrangement.

Please join us in welcoming **Leah Scoville (below)** to our staff. She joins Mrs.



Weinman as a full-time teaching assistant. Ms. Scoville resides in Cuba. She received her B.S. in Inclusive Childhood Education from Houghton College in December of 2008. Leah has been a part of our staff since the fall of 2008, when she started student teaching with Mrs. Weinman. From there, Leah became a regular substitute for Scio, and she also taught fourth and fifth grade summer school for SCS. Leah's hobbies include scrapbooking, reading, four-wheeling, and enjoying the outdoors.

Patricia Sherman (above) is our new middle school Earth Science teacher. She has many years of experience teaching science in Newburgh and Goshen (20+ years) Central School. She is active with Science Olympiad at the regional, state, and national levels. She is currently on the Board of Directors for the NYSSD and was also their regional coordinator for over 10 years. Ms. Sherman has been awarded the Outstanding Science Teacher Award. She was also named to Who's Who in America's Teachers, and she was nominated for the Disney Teaching Award. Currently, Patricia lives in Wellsville. Her hobbies include antiquing, sewing, crafts, and music.

If you see any of our new employees, please stop to say hello!



Four New Faces at SCS

By Darian Black, Eighth Grade Student

Scio Central School is enjoying some new faces this fall. Mr. Mike Telesca, band; Miss Patty Sherman, 7/8 Science; Mrs. Nicole Gambino, kindergarten; and Miss Leah Scoville, 3/4 grade teacher's assistant, have all joined our teaching staff.

As an eighth grader here at Scio, I was privileged to interview each teacher. Among the questions I asked were, "What do you enjoy about working at Scio School?" and "Are you working on any special projects or units?"

Mr. Telesca is working on band: "I love seeing the energy of the Middle School students. I have a chance to harness their potential and shape them into a functioning band. There is nothing greater to me than their success. We have been working on the winter concert. It is a debut of the new instrumental program, and I want it to go very smoothly."

Miss Sherman enthusiastically explained: "I enjoy the friendliness of the staff, faculty, and students. The atmosphere is

cozy and warm. Anyone visiting here would come away feeling like they had just visited a good friend. Right now we are working on 'Cell City' in seventh grade. Students are building their own 3-D cell and hopefully having fun doing so. It involves a little art, a little imagination, and some clever ideas with a little music thrown in for good measure. Eighth graders will be starting a project soon, which will challenge them, but ...shhh...that's a secret."

Mrs. Gambino feels very welcome: "I really like the friendly staff; the people are very nice and willing to help with anything that I need help with or don't understand. I am currently working on revising the kindergarten report cards."

Miss Scoville said: "I really enjoy all of the teachers, staff, and students. This is such a great learning community and everyone is really friendly. I just received a Smart Board, and I am working on different ways to use it this year. It's very exciting. The third grade reading group is learning about chocolate and reading *Chocolate Fever*. The fourth grade reading group is learning about bully-



Mike Telesca is our new band teacher.

ing and reading about those Herdmans from *The Best Christmas Pageant Ever*."

It seems to me that everyone is settling in and that they like it here. Out of these four teachers, I have Miss Sherman and Mr. Telesca. We all have the opportunity to get to know these awesome new teachers, and I suggest we take advantage of it.

Welcome Mrs. Gambino, Miss Scoville, Miss Sherman, and Mr. Telesca!

Operation Safe Child Program Held at SCS

This year, the Operation Safe Child Program was conducted by our School Resource Officer, Trooper Sherry L. Askey, who was assisted by the Allegany County Sheriff's Department Deputies McRae and Wilkins, along with Christina Kinnicutt from Accord, who assisted the children with Stranger Danger and Bullying. The program also contained Halloween safety tips for the children along with the New York State Police Crime Prevention program including our Crime Prevention Mascot, McGruff the crime dog (see photo at RIGHT).

Operation Safe Child is a statewide program created to raise awareness about child safety. Your children's fingerprints and photographs were taken so an identification card could be produced for your child. These identification cards can assist law enforcement personnel in the event a child goes missing or is abducted, time is of the essence and every second counts. Processing an up-to-date photograph and detailed



Pictured with McGruff, the Crime Dog are: (left to right) Ethan Marble, Kyle Jennings, Carter Scholla, and Travis Middaugh.

information about your child can greatly assist law enforcement's efforts to bring your child home safely.

All students who participated were given two identification cards that should be kept in case of an unfortunate event.



Chess Club Underway!

By Mr. Garry Reynolds, Chess Club Coach

This year, we have eight students in our chess club. Some are just learning the basic moves and captures of the various chess pieces, while others are trying to hone their strategic and tactical skills. We only have one student from grades 7-12. The remainder are elementary students.

In the initial chess sessions, I let the students play each other while I walked from board-to-board assessing the players weaknesses and strengths and offering tips to improve their play. When dealing with students of this age range, I find that their attention spans are their largest foe and keeping them focused on their play is quite a task.

In our future sessions, I plan to work with the students one-to-one, gearing my coaching to the abilities of each student. Even though we have a very young team, I see some promise of some potentially good players. Hopefully by year's end, we can hone their skills and show marked improvement in their games.

Some of our club players attended the scholastic chess tournament being hosted by Genesee Valley Central School on November 7. This tournament featured two sections: one for grades K-6 and the other for grades 7-12. This event consisted of five rounds of play; each round was one hour in length, allowing each player 30-minutes of playing time for their moves. There were no eliminations and all students played every round, even if they did not win a game.

Each round paired students based upon their win/loss record, so each student played against a player of similar abilities. Trophies and prizes (chess clocks) were awarded.

The Scio chess players have not learned how to use a chess clock or how to keep score or record their chess games. This area will be addressed in future sessions. It was not required for this tournament, but some scholastic events do require that the students use a clock and record their games.

I would like to extend my thanks to Mrs. Karen Insley and Mrs. Terri Smith for their assistance.



ABOVE & BELOW - Seniors are shown relaxing at their picnic at Letchworth State Park. See group photo on page 16.



Integrated Pest Control Management Plan

Under the regulation known as the Pesticide Notification Education law 409-h, the district is required to inform you of any use of a product listed in the law. Our district does not use any chemicals or pesticides that are listed.

Even though we are not required to write this letter, we believe it is important to inform you of how we will handle situations that might arise that require the use of any chemicals or pesticides. Our plan is designed to effectively manage pest control and continually monitor situations through feedback, monitors, and inspections. Members of our staff are trained as prescribed by law to apply any needed remedies.

We will be using the following products to control insects; baits, jells, and granular products that contain boric acid and/or disodium octaborate tetrhydrate. We may also use growth regulators so pests do not mature and breed should they be brought into the school. Aerosol products are also used when necessary to deal with biting or stinging insects, such as hornets and venomous spiders.

Rodent control will be accomplished by using cultural controls; such as regular trash pick-up, cleaning up food scraps and other sanitation methods. Traps will only be used as a means of mechanical control when other methods are not conducive to the school setting.

Weeding will control unwanted vegetation, or if application of an herbicide should be necessary to control poison ivy or other harmful weeds, it will occur over a long weekend, which will nullify any harmful effects associated with the application.

Anti-microbial products have been excluded from the notification law for practical reasons. Germs, fungi, and molds need to be controlled for health reasons.

We will update the plan to ensure the safety and health of all building occupants.



More than 80 students (grades PreK-4) attended the First Annual Family Fun Night held at Scio Central School on Thursday, October 22. The children visited more than 30 academic-based stations. One of the favorites was the graphing station, where students sorted bones in a coffin. Students also enjoyed the Snap card game, where they played against Mrs. Root, who we hear was really easy to beat. Thanks to all the teachers, NJHS members and board members who helped make the night enjoyable.

More from Halloween . . .

AT RIGHT - Brendan Graves sports a wild look.

BELOW - Goldilocks and the Sumo Wrestler.



Come on Ladies . . . Pull!



SCS Holds Successful Homecoming

By Jennifer Nolan, Student Council Advisor

Homecoming week at Scio Central School was a great success this year. Students showed their spirit by dressing to themes all week and decorating their halls. We had a great pep rally where the combined Girls' JV and Varsity Soccer Teams won the tug of war (**ABOVE**) against the Boys' Varsity Soccer Team! Coach Haas and Courtney Black won the Siamese twin shoot out. And Mary Marble managed to win the pie-eating contest (**AT LEFT**). Fun was had by all and Mr. Hopkins made a great team mascot (**SEE PHOTO ON PAGE 12**).

Continued on Page 11



Harder Boys . . . Pull!



Homecoming -- From Page 10

The bonfire was hot once we got it started! Music and snacks were provided and the kids really got into it. Our Homecoming dance was a success (**AT RIGHT**) thanks to all of the well-behaved students and excellent chaperones. This year's court included Freshmen Shelby Goodridge and Kyle Robbins, Sophomores Kellen Wissert and Tyler Greenman, Juniors Josh Bierman and Brianna Blouvet. The King and Queen were Seniors Paige Benjamin and Benny Carlin (**SEE PHOTO ON PAGE 12**). Congratulations to all of the court. They looked great!

The Student Council did a great job organizing the events and I'd like to thank them all for a job well done!



More Photos on Page 12





More from Homecoming



ABOVE - School Principal Matt Hopkins also served as the school mascot.

AT LEFT - The Homecoming Court.

BELOW - Our Littlest Tigers also attended the Pep Rally.

Scio Participating in Elementary School Counseling Grant

Scio Central School is one of four area school districts to benefit from a new Elementary School Counseling Program grant. The grant is offered through the Office of Safe and Drug-Free Schools in the U.S. Department of Education and began this month in four school districts in Allegany and Cattaraugus counties. The Bolivar-Richburg, Friendship, Portville and Scio Central School Districts were recently awarded this three-year, \$1 million dollar grant to develop promising and innovative approaches for the purpose of expanding elementary school counseling programs.

"A Licensed Master Social Worker (LMSW) is being hired for each district to bring this grant to life," said Project Coordinator Doug Looney.

Each social worker will collaborate closely with the school-based mental health professionals (i.e. school counselors and psychologists) to augment the mental health services being provided to elementary students and their families. In addition, the



social workers affiliated with this initiative will partner and work with a host of community agencies and service providers in the areas of child welfare, law enforcement, mental health, and substance abuse.

The overall thrust of the grant is to promote a culture of social and emotional wellness through prevention, early identi-

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Scio Central School and the Future Business Leaders of
America (FBLA) Club

Kindly Requests Your Help

21th Annual Spirit of Christmas Toy Collection & Distribution.

All toys stay in the Scio and Allentown area. Last year, we had 65 names. This year we expect even more. One 15-20 dollar toy for a boy or girl ages 2 to 15, new and unwrapped or a cash donation toward the purchase of a toy would be great and would keep with the spirit of season however any monetary or toy donations will gladly be accepted! Receipts will be provided for tax purposes.

There is a drop off box inside the Scio School Main Office

*For 21 years, the Scio & Allentown
Communities have risen to the occasion with
outstanding generosity to further this cause.*

Help Every Child Have A Brighter Christmas!



Contact Mr. Childs at 593-5510 ext. 2160
with questions.

Make **checks** out to Scio FBLA for cash
donations and send to:

Scio Central School, 3968 Washington St., Scio, NY 14880
Attn: Mr. Childs

We will use donated funds to fill gaps by age group and gender.



What should I use for hand cleaning?



Washing hands with soap and running water (for as long as it takes to sing the "Happy Birthday" song twice) will help protect against many germs. If soap and water are not available, use an alcohol-based hand rub.

If your child is sick

What can I do if my child gets sick?

If your child is 5 years or older and otherwise healthy and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed and make sure your child gets plenty of rest and drinks enough fluids.

If your child is younger than 5 (and especially younger than 2) or of any age and has a medical condition like asthma, diabetes, or a neurologic problem and develops flu-like symptoms, ask a doctor if your child should be examined. This is because younger children (especially children younger than 2) and children who have chronic medical conditions may be at higher risk of serious complications from flu infection, including 2009 H1N1 flu. Talk to your doctor early if you are worried about your child's illness.

What if my child seems very sick?

Even children who have always been healthy before or had the flu before can get a severe case of flu.

Call or take your child to a doctor right away if your child of any age has:

- Fast breathing or trouble breathing
- Bluish or gray skin color
- Not drinking enough fluids
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Has other conditions (like heart or lung disease, diabetes, or asthma) and develops flu symptoms, including a fever and/or cough.

Can my child go to school, day care or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children.

When can my child go back to school after having the flu?

Keep your child home from school, day care or camp for at least 24 hours after their fever is gone. (Fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F or 37.8°C.

For more information, visit
www.cdc.gov or www.flu.gov
or call
800-CDC-INFO



Seasonal and 2009 H1N1 Flu:

A Guide for Parents



Flu information

What is the flu?

The flu (influenza) is an infection of the nose, throat, and lungs caused by flu viruses. Flu viruses cause illness, hospital stays and deaths in the United States each year. There are many different flu viruses and sometimes a new flu virus starts spreading among people and making people sick.

What is 2009 H1N1 flu?

2009 H1N1 flu (sometimes called swine flu or novel flu) is a new and very different flu virus that is spreading worldwide among people. This flu season, scientists expect both 2009 H1N1 flu and seasonal flu to cause more people to get sick than a regular flu season. More hospital stays and deaths may also occur.

How serious is the flu?

Most people with 2009 H1N1 have had mild illness and have not needed medical care and the same is true of seasonal flu. However, the flu can be serious, especially for young children (risk is highest in children younger than 2 years) and children of any age who have certain chronic medical conditions. These conditions include asthma or other lung problems, diabetes, weakened immune systems, kidney disease, heart problems and neurological and neuromuscular disorders. Children with these conditions can have more severe illness from any flu, including from the 2009 H1N1 flu virus.

How does flu spread?

Both 2009 H1N1 flu and seasonal flu are thought to spread mostly from person to person through the coughs and sneezes of people who are sick with flu. People also may get sick by touching something with flu viruses on it and then touching their mouth, nose or eyes.

What are the symptoms of the flu?

Symptoms of seasonal flu and 2009 H1N1 flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue and sometimes vomiting and diarrhea. Some people sick with the flu will not have a fever.

How long can a sick person spread the flu to others?

People infected with seasonal and 2009 H1N1 flu shed virus and may be able to infect others from 1 day before getting sick to 5 to 7 days after. However, some people can shed virus for longer, especially children and people with weakened immune systems and people infected with 2009 H1N1 flu.

Protect your child

How can I protect my child against flu?

Get a seasonal flu vaccine for yourself and your child to protect against seasonal flu viruses.

Get a 2009 H1N1 vaccine for your child. Ask your doctor about whether you should get one too.

Take - and encourage your child to take - everyday steps that can help prevent the spread of germs. This includes:

- Cover coughs and sneezes with a tissue. Throw the tissue in the trash after you use it.
- Stay away from people who are sick.
- Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- If someone in the household is sick, try to keep the sick person in a separate room from others in the household, if possible.

- Keep surfaces like bedside tables, surfaces in the bathroom, kitchen counters and toys for children clean by wiping them down with a household disinfectant according to directions on the product label.

- Throw away tissues and other disposable items used by sick persons in your household in the trash.

Is there a vaccine to protect my child from H1N1 flu?

A yearly seasonal flu vaccine is the first and most important step in protecting against seasonal flu. This vaccine is recommended for children 6 months through 18 years of age and all people who are close contacts (caregivers) of children younger than 6 months of age.

A vaccine against 2009 H1N1 flu also is being made. This vaccine is recommended for all children and young adults 6 months through 24 years of age. Other people, including close contacts of children younger than 6 months of age and adults with certain chronic medical conditions, are recommended for vaccination too. More information about the 2009 H1N1 flu vaccine and the seasonal flu vaccine is available on the CDC Web site.

Is there medicine to treat the flu?

Antiviral drugs can treat both seasonal flu and 2009 H1N1 flu.

The priority use for these drugs this season is to treat people who are seriously ill (hospitalized) or people who are sick with the flu and either have a medical condition or are in an age group that puts them at high risk of serious flu complications. Antiviral drugs can make people feel better and get better sooner and may prevent serious flu complications. These drugs need to be prescribed by a doctor and they work best when started during the first 2 days of illness. These drugs can be given to children.



SCS Group Enters Trebuchet Contest

A team of six students from Scio Central School, along with Technology Teacher Terry Foster and Student Observer Anthony Blossom, traveled to the Great Pumpkin Farm in Clarence for the 2009 Trebuchet contest on Saturday, October 17, and Sunday, October 18. A trebuchet is medieval military engine for hurling missiles with great force. SCS Students Reed Benjamin, Caleb Logue, Wyatt Sturdevant, Kyle Sandler, Kyle Robbins, and Christopher Bridge made up the SCS team.

The Drawing for Production classes had the assignment to design a trebuchet to compete in the pumpkin-hurling contest. The classes then drew a scale model of the design the students had settled upon. The model then had to be drawn in a three-view pattern, which would be used as a blueprint for building the trebuchet. Mr. Chandler and Mr. Sharrett -- mechanics at the SCS bus garage -- were a great help in completing the project on time. The two men gave the students tips on assembling the project and assisted with welding and cutting many of the metal parts.

When the time came for practice throwing, the team used a metal throwing arm that had been donated by the Benjamin family, and it worked well, but officials at the Pumpkin Farm said we would not be able to compete using the all metal arm. When we arrived home, the team decided to get back to school early to finish the new throwing arm. It was decided first that Mr. Foster would take the wooden arm home and drill the holes to prepare the arm for assembly.



The students worked during class and some stayed after school before sports practice to get the project finished in time. The trebuchet was built out of Hemlock 8" x 8" for the base, supports, and stand. Both axles are made of metal; the arm and weight axles are 1" rolled steel and the removable winding axle is 1 1/4 "pipe stock. The trebuchet is assembled with six-inch lag bolts and 10-inch carriage bolts. It also has three four-inch caster wheels for transportation.

Students started arriving at school 6:45 a.m. and by 8:10 a.m., we were ready to leave for the competition. Upon arrival in Clarence, we had to remove the metal arm from the trebuchet and then cut a larger area for the new arm to fit into. We also had to adjust the angle for the weight block to stop the throwing arm. This has to be carefully angled because it determines the release point of the basket and the distance of the throw. After speaking with several other teachers (at Scio) it was determined that 45 degrees would be the correct angle for stopping the arm. We moved the triggering system from the trebuchet to the throwing arm because of the different arm and lack of materials to add a trigger any other way.

When called to the firing line, we responded with a disappointing shot of about fifty feet, but we all recognized the problem with the new arm right away and recalculated our measurements to ensure a

successful shot. Once fixed, our shots were consistently 75 feet and our grand total of 232 feet was very good for our first attempt at this type of competition.

We were able to borrow some heavier weight plates for the castle shots and did very well at that competition. Our first shot was 100 feet and we adjusted the weight and our second shot missed the castle by two feet and right in front of it at 148 feet and our last shot with a heavier pumpkin fell short at 147 feet centered on the castle.

The team would like to thank Mr. Chandler and Mr. Sharrett for their help building and storing the trebuchet. Thank you also to Mrs. Slocum for driving us to the competition both days, and a special thank you to Mr. and Mrs. Benjamin for their outstanding help all day during the competition. Thank you to the Scio School Administration and School Board for the support for allowing us the opportunity to go to this function as it provided the team with many teachers and students to network with who also believe in Active Learning. Our team could see and watch the rules of physics, geometry, simple machines, weight distribution, and weight exchange being applied right in front of them. When the students from the team talk about mechanical advantages in other classes, they now have an experience to relate to because of their learning by active participation at the Great Pumpkin Farm.



Three Attend All State Music Festival

Scio Central's vocal music department had three students selected for Junior High Area All States this year: Alex Cornell, Gen Bender, and Amanda Carroll. The music festival was held at Broadway Middle School, in Elmira, on November 6-7. The students were selected based on their outstanding scores at solo festival last year. Congratulations to all three for having been chosen!

Gen and Amanda were selected to perform in the women's chorus, while Alex sang in the mixed chorus. The festival began with a six-hour rehearsal on Friday and ended with a phenomenal concert on Saturday, following a rehearsal lasting all morning. Highlights from the absolutely fantastic performances by the best vocalists in a five county area included the women's pieces "Castle of Dromore" and "Mouth Music," which featured accompaniment by a Celtic fiddle. The mixed chorus brought down the house with their closer "Tres Cantos Dos Indio Krao," which is a Brazilian Rainforest piece. The Director, Marc Kaplan, and the students received a standing ovation.

The students stayed at the Hilton Garden Inn and had fun swimming and



ABOVE - Genevieve Bender (front, center) is shown practicing with the women's chorus.

AT RIGHT - Alex Cornell is shown during a break from rehearsals.



shopping as a welcome break from all the rehearsing.



NHS Holds Benefit Blood Drive

Tuesday, October 20, marked the first NHS blood drive of the year. This drive was unique in more than one way. Although originally scheduled as a blood drive to help the Red Cross, it was decided that it would be a great idea to hold a blood drive to benefit Scio Alumnus Garrette Carlin, who was involved in a very serious accident over the summer. Due to this, we had an overwhelming turnout including 13 first time donors; one of which was Garrett's sister, Clareisa (pictured at left). We were just shy of meeting our goal of 40 donors and had 22 productive units collected which will save 66 lives! On behalf of the Carlin family, we would like to extend a very warm "Thank You" to all who participated. We hope to see you at our next blood drive on Wednesday, December 16.



Lady Tigers Help Community

The Varsity Girls' Soccer Team enjoyed a day off practice, and in turn, was able to take on a community service project on Wednesday, September 30. The team planted some mums and did some general edging and weeding around the trees surrounding the bus circle entrance to the school. Several loads of waste were also cleared away and dumped, and the area had a nice fresh look to it for the remainder of the soccer season and early this fall. Thank you to team members who participated and helped to make our school look GREAT!



Scio Central School Winter Sports Schedules

Varsity & JV Boys Basketball

Fri., Nov. 27 @ Bradford Tourney, TBA
 Sat., Nov. 28 @ Bradford Tourney, TBA
 Thurs., Dec. 3 @ Whitesville, 6 p.m.
 Wed., Dec. 9 FRIENDSHIP, 6 p.m.
 Fri., Dec. 11 @ Belfast, 6 p.m.
 Tues., Dec. 29 Scio Tournament
 JV Belfast vs. Hinsdale, 3 p.m.
 JV Friendship vs. Scio, 4:30 p.m.
 V Belfast vs. Hinsdale, 6 p.m.
 V Friendship vs. Scio, 7:30 p.m.
 Wed., Dec. 30 Scio Tournament
 JV Consolation, 3 p.m.
 JV Championship, 4:30 p.m.
 Varsity Consolation, 6 p.m.
 Varsity Championship, 7:30 p.m.
 Wed., Jan. 6 @ Friendship, 6 p.m.
 Tues., Jan. 12 ANDOVER, 6 p.m.
 Fri., Jan. 15 @ Canaseraga, 6 p.m.
 Wed., Jan. 20 @ Fillmore, 6 p.m.
 Tues., Feb. 2 HOUGHTON, 6 p.m.
 Thurs., Feb. 4 BELFAST, 6 p.m.

Wed., Feb. 10 CANASERAGA, 6 p.m.
 Fri., Feb. 12 @ Andover, 6 p.m.
 Tues., Feb. 16 @ Friendship, 6 p.m.
 Thurs., Feb. 18 WHITESVILLE, 6 p.m.
Varsity Coach: Thane Graves
JV Coach: Lori Root
Cheerleading Advisor: Kim Walsh

Varsity & JV Girls Basketball

Tues., Dec. 1 WHITESVILLE, 7 p.m.
 Thurs., Dec. 3 @ Houghton, 7 p.m.
 Tues., Dec. 8 ANDOVER, 7 p.m.
 Thurs., Dec. 10 Scio Tournament
 Houghton vs. C-R, 6:30 p.m.
 Scio vs. Friendship, 8 p.m.
 Sat., Dec. 12 Scio Tournament
 Consolation, 6:30 p.m.
 Championship, 8 p.m.
 Mon., Dec. 14 FRIENDSHIP, 7 p.m.
 Wed., Dec. 16 Genesee Valley, 7 p.m.

Fri., Dec. 18 AVOCA, 7 p.m.
 Tues., Jan. 5 @ Fillmore, 7 p.m.
 Thurs., Jan. 7 @ Belfast, 6 p.m.
 Thurs., Jan. 14 @ Avoca, 7 p.m.
 Sat., Jan. 16 @ Cuba-Rushford, 3 p.m.
 Tues., Jan. 19 @ Hinsdale, 6 p.m.
 Thurs., Jan. 21 HOUGHTON, 7 p.m.
 Wed., Feb. 3 @ Andover, 6 p.m.
 Fri., Feb. 5 @ Friendship, 7 p.m.
 Tues., Feb. 9 BELFAST, 7 p.m.
 Fri., Feb. 12 HINSDALE, 7 p.m.
Varsity Coach: Charlie Perry

Modified Basketball

Girls times are listed first.

Sat., Dec. 5 @ Belfast, 10/11:15 a.m.
 Sat., Dec. 12 HOUGHTON, 11:15/10 a.m.
 Tues., Dec. 15 @ Canaseraga, 6:15/5 p.m.

Continued on Next Page



Schedules -- From Page 18

Sat., Dec. 19 CANASERAGA, 10/11:15 a.m.
Thurs., Jan. 7 @ Friendship, 4:30/5:45 p.m.
Wed., Jan. 13 BELFAST, 5/6:15 p.m.
Sat., Jan. 16 @ Whitesville, 10/11:15 a.m.
Tues., Jan. 19 @ Houghton, 5/6:15 p.m.
Tues., Jan. 26 @ Andover, 5/6:15 p.m.
Thurs., Jan. 28 FRIENDSHIP, 6:15/5:00 p.m.
Girls Coach: Bethany Bunk
Boys Coach: Kevin Mole

Varsity Volleyball

Sat., Nov. 28 Scrimmage @ Scio, 1 p.m.
Wed., Dec. 2 GENESEE VALLEY, 6 p.m.
Fri., Dec. 4 @ Wellsville, 6 p.m.
Mon., Dec. 7 BOLIVAR-RICHBURG, 6 p.m.
Fri., Dec. 11 @ Genesee Valley, 6 p.m.
Mon., Dec. 14 @ Bolivar-Richburg, 6 p.m.
Wed., Dec. 16 @ Arkport, 6 p.m.
Tues., Dec. 22 CUBA-RUSHFORD, 6 p.m.
Tues., Jan. 5 WELLSVILLE, 6 p.m.
Sat., Jan. 9 Tournament @ G-V, 9 a.m.
Tues., Jan. 12 @ Bolivar-Richburg, 6 p.m.
Thurs., Jan. 14 @ Cuba-Rushford, 6 p.m.
Wed., Jan. 20 GENESEE VALLEY, 6 p.m.
Fri., Jan. 22 @ Cuba-Rushford, 6 p.m.

Mon., Jan. 25 WELLSVILLE, 6 p.m.
Tues., Jan. 26 ARKPORT, 6 p.m.
Fri., Jan. 29 Round 1 playoffs, TBA
Tues., Feb. 2 Semi's, TBA
Fri., Feb. 5 Finals, TBA
Coach: Tim Lyon



Leila LaJoie in her Halloween costume.

New Grant -- From Page 12

fication and treatment of the mental health needs of elementary students. A variety of interventions will be utilized to achieve these aims, including but not limited to: implementation of a nationally recognized social and emotional learning curriculum (Promoting Alternative Thinking Strategies or PATHS); individual, group, and grief/crisis counseling; home visits and family engagement; individual case management plans; classroom behavior management plans and strategies; professional development for teachers and mental health staff to improve classroom management; public awareness campaigns; cognitive self-control strategies and conflict-resolution skills for children; violence prevention initiatives; measures to combat bullying and other forms of degradation; and programs targeting school climate enhancement.

For more information on this new initiative, feel free to contact Doug Looney at (585) 593-5510.



Area Soccer Teams "Kick" Cancer with T-Shirt Campaign

Thanks to all Varsity Girls' Soccer Team members, coaches, managers, teachers and staff members who participated in the Section V Kicking Cancer Fundraiser this fall. At Scio C.S., we had 49 participants that donated to the Pluta Cancer Center in Rochester, and in return, were given a pink T-shirt to wear during the Girls' Soccer sectionals. Team members and fans wore their shirts during the warm-up period prior to each sectional game in support of the Section-wide fundraising event. Over 78 Section V schools participated in the program, and over 2,500 shirts were screen printed. On November 7, at the Class AA game, a check was presented to the Pluta Cancer Center in the amount of \$25,000 to be used toward cancer research and support. Thank you to all who supported this wonderful event!



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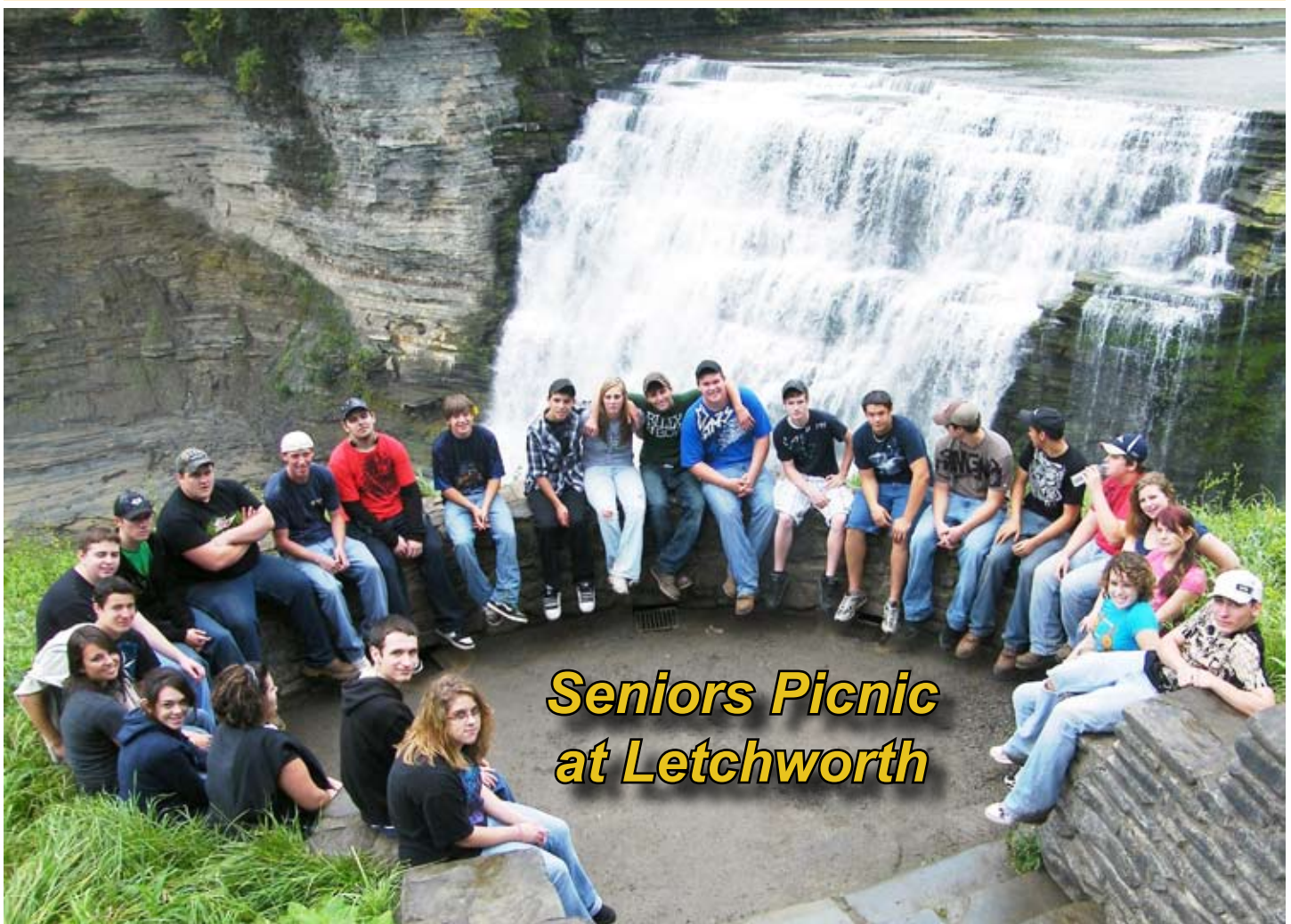
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Seniors Picnic at Letchworth

THE CLASS OF 2010 traveled to Letchworth State Park on Tuesday, September 23, for their senior picnic. According to Senior Class President Michael Walsh, "The weather was not particularly favorable, but I speak for everyone when I say it was worth the trip! We enjoyed walking around the park, playing football with Mr. Hopkins, and having lunch as a group. As the class president, I would like to thank the class advisors, Mr. Childs, Mr. Foster, and Mr. Pavlock, as well as Mr. Hopkins and Mr. McArdle." Shown clockwise from front center at the horseshoe walkway are: Katrina Kio, Josh DeMaris, Hailee Clark, Jesse Billings, Paige Benjamin, D.J. Wilamowski, Michael Walsh, Jud Clark, Justin Lewis, Doug Crawford, Josh Howard, Seth Cline, Ben Carlin, Courtney Black, Mike Cunha, Matt Austin, Brett Elliott, Andrew Law, Kodi Taylor, Ryan Mitchell, Dustin Ford, Rachael Sexton, Mary Marble, Stephanie Fisk, and Matt Johnson. Missing from photo: Ashley Peabody, Kristen Stilson, and Jahel Manz (Foreign Exchange Student). *More photos from the trip on page 8.*

